



Diary of a
Special Needs
Mum Initiative



FOUNDATION

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COMPANY
PROFILE

WHO WE ARE

Diary of a Special Needs Mum Initiative under P4:13 Foundation is a Not for Profit Organisation with a charge to advocate for disability inclusion in the community.

This Foundation was founded by the mother of a special needs child living in Nigeria. Her desire was to give her daughter the best in healthcare and education so that her daughter could have a chance to live a normal life.



In pursuit of this dream for her daughter, the mother soon realized that the developmental therapies and educational facilities available in Nigeria were a far cry from what her daughter required to have a chance to succeed in life.

She also discovered that there is so much ignorance in the Nigerian society about children with disabilities. The abuse of children with disabilities and stigmatization of their families are common occurrences.

A lot of schools do not accept children with disabilities while the schools that accept them do

not have the knowledge or capacity to take proper care of these children.

Relocating from Nigeria seemed like a better option for this special needs mum. However, her desire to have her entire family living together under the same roof made her think outside the box.

She decided to put together structures that worked for her entire family. She was also determined to live

a fulfilled life and accomplish her dreams. She soon realized that there were a lot of families in similar situations looking for help and support with very little knowledge of how to find them.


She then decided to share her experience with other mothers and be a voice for one of the most vulnerable set of people in our society: children living with disabilities.



One day, people living with disabilities in Africa will be allowed to exercise their fundamental human rights. They will be integrated into mainstream schools, economically empowered and accepted in their communities

Mission

P4:13 Foundation advocates for a change in disability management in Africa. Through its different means of communication, the foundation seeks to correct wrong perceptions about people living with disabilities. It also inspires people living with disabilities to live their best life now!

A group of people, including children and adults, are seated in a room with orange walls. They are looking towards the left side of the frame, presumably towards a speaker. There are framed pictures on the wall in the background.

Our core purpose is to foster disability inclusion within our community.

To achieve this, we educate the general public which includes, the government, religious centers, schools & students; organisations and parents who do not have children with disabilities about people living with disabilities.

This is done through different platforms such as: fun programs for kids, publishing storybooks, novels; promoting reading clubs in schools, writing articles in the media, radio shows, documentaries, stage plays; trainings & seminars and having meaningful conversations with all stakeholders.

A woman with dark hair, wearing a red t-shirt and glasses, is speaking into a microphone. She is standing in front of a long white table. Behind the table, several people are seated, watching her. The setting appears to be a public event or a seminar in a modern building with large windows.

Our Approach

Our Services & Programs

1. Counselling parents on parenting special needs children
2. Engaging school management on disability awareness and inclusion
3. Promoting love and acceptance (while talking about the effects of bullying) in schools
4. Using different platforms such as Art class, Essay Competitions to promote disability inclusion among students
5. Speaking engagement to foster disability inclusion in Nigeria
6. Reading sessions in Schools
7. Mentoring and Skills acquisition for mothers who have children with special needs
8. Yearly inspirational gathering of mothers with children living with disabilities
9. Create documentaries on stories of people living with disabilities



Some of the programs we conducted in 2019:

Disability awareness Campaign tagged 'Art meets Disability'

Thirty primary school and junior secondary school students were brought together at British Council to learn the art of painting and also to discuss about people living with disabilities. The thirty students were encouraged to go back to their schools and educate their schoolmates about showing love and acceptance.



Skills Acquisition and Mentorship program

Our organisation through counselling of mothers who have children living with disabilities have realised that a lot of these women are unable to work because of their children's disabilities.

Therefore, they are unable to meet their basic needs. It was therefore necessary for us to put together a training program to help them discover their talents and harness it to provide an income to meet their needs.

In the month of May fifteen mothers with children living with disabilities were trained on entrepreneurship skills. Some of the women were attached to entrepreneurs to learn new skills.

The organization is currently seeking for sponsors for these women to help them startup their businesses.



Essay and Think Thank Competition

Our organisation organized an essay competition for senior secondary school students. Out of the many scripts that we received, the best fifteen scripts were selected. We thereafter organized a think thank competition for the fifteen students. They watched a documentary about a six year old girl living with cerebral palsy who attends a mainstream school in Nigeria. Three people living with disabilities were invited to the event, a visually impaired lady, a hearing impaired secondary student and a man on wheelchair.

They had the opportunity to ask questions. Thereafter they were asked to proffer suggestions to promote inclusive education in Lagos state. Through this process the winners emerged. The students were encouraged to become advocates for people living with disabilities.





Exhale- An inspiring program for mothers who have children with disabilities.

This is a yearly event for mothers who have children with disabilities to come together and be inspired to live successful lives in spite of the challenges life throws their way.

We had different inspiring women leaders encourage the mothers to live their best life.

Special Education Training for Teachers of Brookhouse School

Our organisation partnered with other organisations to train the teachers of Brookhouse school on implementing inclusive education. It was indeed a worthwhile program as the school is fully involved in inclusive education.

This year, our organisation is set to do more advocacy. However, we seek the partnership of individuals, schools, organisations, religious centers and the government. We need everyone to partner with us to make disability inclusion possible in Nigeria.



How can you support us?

Get more information about disability management and become an advocate. Help stop stigmatisation

Invite us to your organisation, schools, religious center to speak about disability inclusion

Support us financially to enable us carry out our programs and advocacy.

**Account details: Philippians Four Thirteen Foundation;
GTB, 0256376626**

Our Founder



Bukola Ayinde is the Founder of Diary of a Special Needs Mum Initiative under P4:13 Foundation. She is a lawyer, a social entrepreneur and a disability inclusion advocate.

Bukola also holds a masters in Managerial

Psychology. She started her career as a litigation lawyer before moving on to become a Learning and Development Consultant. Bukola also spent five years in the Nigerian banking industry where she worked in the Human Resources, Marketing and Legal department.

Based on her experience as a mother of a special needs child, Bukola has become a voice for families who have children living with disabilities in Nigeria.

Bukola has published five books to promote disability awareness. This include four storybooks to help children understand what disability means and also to teach them to show empathy to people who have disabilities. Her fifth book is about her journey as a special needs mum in Nigeria.

She lives with her husband and two lovely daughters in Lagos, Nigeria.

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