



**Diary of a  
Special Needs  
Mum Initiative**

# IMPACT ASSESSMENT REPORT FOR 2021

Philippians Four Thirteen Foundation



## MESSAGE FROM THE FOUNDER

I am privileged to welcome everyone to the year 2022. I am filled with delight that another year has begun, ushering in a fresh opportunity for us to make positive impact in the world.

I am also grateful for the achievement our organisation, Philippians Four Thirteen Foundation (Diary of A Special Needs Mum Initiative), made in 2021. The emergence of COVID-19 changed the world in numerous ways, resulting in the use and acceptance of virtual meetings. This helped our organisation to run programs at reduced costs and also gave us a wider reach.

Since we can now reach so many people with the use of technology, we can rightly say that the world has truly become a global village. As an organisation in 2021, we continued to push across our goals of promoting disability inclusion in Nigeria. This we did through various programs and got lots of heart-warming feedback which showed that the efforts we put into creating the programs were not wasted. Some of our major highlights in 2021 include the following :

- The production of a short film titled Mindshift.

- Sixty-five women graduated from our Business and Personal Development Training School. Raised funds of two million, seven hundred and thirty-five thousand (N2,735,000) naira school fees for Praise Udoh.

Indeed, it was an amazing and rewarding year, as we met our set goals as an organisation. I appreciate the organisation's advisory board members, sponsors and all those who supported us to make 2021 a success.

This year, we ask everyone that has supported us in the past to please continue to lend their support so that we can together make more impact and ensure that the world is a better place to live in.

Together, let's make magic.

*Bukola Ajinde*

Philippians Four Thirteen Foundation  
(Diary of A Special Needs Mum Initiative)





**PROGRAMS  
AND**

**ACHIEVEMENTS  
IN 2021**

# Scholarship for Praise Udoh

One of the ways the foundation supports inclusive education is to pay school fees for special needs students who attend mainstream (regular) schools.

In December of 2020, we decided to raise funds for Praise Udoh. Praise is a young girl whom the foundation had produced a documentary about, revealing her journey into inclusive education.

She is an intelligent girl living with cerebral palsy, whose parents cannot afford to send her to school. The Philippians Organisation has taken up the responsibility of giving Praise a scholarship so that she will become an independent and productive citizen of Nigeria.

This gesture will also prove that children living with disabilities can thrive, if given the right support. As at the time of writing this report, January 2022, we have raised two million, seven hundred and thirty-five thousand (N2,735,000) naira. One million, four hundred and ninety-seven thousand five hundred (1,497,500) naira have been used for her primary six and junior secondary school year one fees, comprising tuition, books, school uniform, school bus and therapy.

One Million, two hundred and thirty-seven thousand, five hundred (1,237,500) naira remains from the money donated. Out of this money, the school has two hundred and seven thousand, three hundred (N207,300) naira in its account while one million and thirty thousand (N1,030,000) naira was saved in IBTC Mutual Benefits account, to be used for other school fees.

We seek more financial support so that Praise can complete her secondary school education.



# Art Meets DAC

(Disability Awareness Campaign) Third Edition

In March 2021, we had the third edition of Art Meets DAC. March is recognised in the USA and many other countries as Cerebral Palsy Awareness Month. Every year, we use this opportunity to promote inclusion and diversity in the community.

Our focus is to use fun activities to teach young children how to relate with people who are different from them and how to include them in activities.

The theme for the third edition was "Kindness is the New Cool."

The children painted a scene where some children were dancing at a party. After the painting, they contributed to the creation of a storybook titled, Nimi's Birthday Party.

The children worked with Nimi, a nine-year-old girl living with cerebral palsy, who was also at the program, to plan a birthday party for a girl on a wheelchair. The children came up with fantastic ideas...from the guest list to the food, the cake, the venue, party packs, decorations and the colour theme for the party.

It was a fun way to appreciate diversity and learn inclusion. They also related the whole experience to being kind to each other, and especially to people that are different from them.



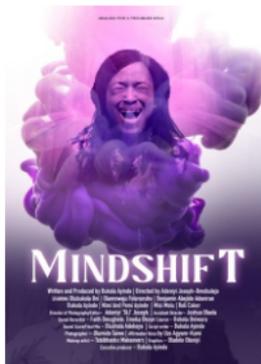
# Business and Personal Development Training Program



In January 2021, the training arm of the foundation trained sixty-five mums who have children with special needs, on Business and Personal Development. Seventeen of the mothers were given loans of seven hundred and fifty thousand (N750,000)naira, repayable over three years, to boost their businesses.

They were trained by both the CEO of the foundation, Bukola Ayinde and external facilitators. There was a great improvement in the mental health, confidence and business skills of the participants.

## Production of Mindshift



In November 2021, the organisation produced a short film titled, Mindshift, which focuses on the mental health of parents of children with special needs.

It is a film that chronicles the pain and emotional turmoil which comes when a parent gets a medical diagnosis for a child. The story reveals that getting a diagnosis is not a death sentence and such parents can still go ahead and make the best out of their lives. The feedback was encouraging.

# Exhale Conference



The third edition of Exhale Conference, which brings together mums of children with special needs to relax, recharge and re-invent themselves, held in November, 2021.

It was a two-day virtual event with nine speakers and sixty-eight mothers in attendance. The film, Mindshift premiered at the event. The numerous feedback from the event were indeed worth all the effort put into it.

# Donation of Storybooks



As part of a disability inclusion drive, the foundation donated seventy-five storybooks to young children. Some of the titles are My Name is Nimi, My Sister is Special, Peter is Different and My Name is Nimi – Colouring Book.

We believe that when children read these books, they will understand how to relate with others who are different from them, and therefore show love and acceptance.

# Programs For 2022

This year, the foundation intends to consolidate its work on advocacy.

Our plans for the year 2022 include the following -

- The release of an e-copy storybook titled *Nimi's Birthday Party*.
- The e-copy of this book will be made available to the public for free, on the foundation's website. Parents, teachers and students will be encouraged to read the book and share their thoughts.
- *My Name is Nimi* Reading Campaign.
- The fourth edition of Art Meets DAC will hold in March.
- The fourth edition of Exhale Conference will hold in November.
- Funds for Praise Udoh's Education.

We are optimistic about raising more funds for Praise Udoh, so she can continue her education. Please join us to make this a reality.

- Cohort 1 and Cohort 2 participants for training school.

The training school of the organisation, which is focused on business and personal development courses, will open in February, to train Cohort 1 and Cohort 2 participants. Cohort 1 consists of the mothers trained in 2021, who will proceed to the next phase of the training program, while Cohort 2 consists of new mothers who will be inducted into the new session.

We hope to give the mums a seed capital of one hundred thousand (N100,000)naira each, to fund their businesses.

## Our Needs

*The foundation will require funds for the following :*

- To pay professionals who will teach marketable skills, like photo and video editing, digital skills, bookkeeping, budgeting and others, to the participants at the training.
- To support My Name is Nimi reading campaign, all over Nigeria.
- Production of the storybook titled, *Nimi's Birthday Party* for free distribution.
- Administrative costs and payment of staff salaries.
- Repayable loans to indigent mothers for business purposes.
- Praise Udoh's school fees.

# Partner With Us

The foundation needs financial support to execute projects and fund daily administrative costs.

When making donations, kindly state the specific project in the payment narration, e.g. Praise Udoh's school fees.

Partnership also includes registering as a reading volunteer for My Name is Nimi reading campaign.

We welcome you to partner with Philippians Four Thirteen Foundation. You can be a monthly or yearly partner, or offer to sponsor specific projects.

For further information please call the CEO, Bukola Ayinde, on 08035754038, or send a mail to

[info@diaryofaspecialneedsmum.org](mailto:info@diaryofaspecialneedsmum.org)

or [btayinde@gmail.com](mailto:btayinde@gmail.com)

**Account details**

**Account name: Philippians Four Thirteen Foundation**

**Account number: 0256376626**

**Bank: Guaranty Trust Bank**



# Who We Are

Diary of a Special Needs Mum Initiative under P4:13 Foundation is a Not for Profit Organisation with a charge to advocate for disability inclusion in the community.

This Foundation was founded by the mother of a special needs child living in Nigeria. Her desire was to give her daughter the best in healthcare and education so that her daughter could have a chance to live a normal life.

In pursuit of this dream for her daughter, the mother soon realized that the developmental therapies and educational facilities available in Nigeria were a far cry from what her daughter required to have a chance to succeed in life. She also discovered that there is so much ignorance in the Nigerian society about children with disabilities.

The abuse of children with disabilities and stigmatization of their families are common occurrences. A lot of schools do not accept children with disabilities while the schools that accept them do not have the knowledge or capacity to take proper care of these children.

Relocating from Nigeria seemed like a better option for this special needs mum. However, her desire to have her entire family living together under the same roof made her think outside the box. She decided to put together structures that worked for her entire family. She was also determined to live a fulfilled life and accomplish her dreams. She soon realized that there were a lot of families in similar situations looking for help and support with very little knowledge of how to find them.

She then decided to share her experience with other mothers and be a voice for one of the most vulnerable set of people in our society: children living with disabilities.



**Vision Statement:**

One day, people living with disabilities in Africa will be allowed to exercise their fundamental human rights.

They will be integrated into mainstream schools, economically empowered and accepted in their communities.

**Mission Statement:**

P4:13 Foundation advocates for disability inclusion in Africa.

Through its different means of communication, the foundation promotes love and acceptance for persons living with disability.

## Our Approach

Our core purpose is to foster disability inclusion within our community. Our number one target audience are children in primary and secondary schools.

We believe that when they learn inclusion early, they are able to embrace the concept of an inclusive community through love and acceptance as they grow older.

We promote inclusion through different platforms such as: fun programs for kids, publishing storybooks; promoting reading clubs in schools, writing competitions, documentaries, stage plays.

Secondly, we support mums of children with special needs by organising Business and Personal Development Training programs. We also give scholarships to children with special needs.



Thank  
You

